

Synonyms from the passage



Friendship

Story by Andrew Frinkle



Friendship is believing in each other. Friendship is caring, sharing, and sticking together, too. There are many ways to show friendship.

The bus was coming soon, and Ron didn't have his stuff packed up. He was having a hard day. Tim and Dan helped Ron pack his stuff up quickly, so he could make it to the bus on time. They were showing their friendship for Ron.

Karen's best friend, Tara, was in the hospital. She had all of her class make Tara get well cards. Then she visited her friend in the hospital. Tara's other friends were scared to see her when she was sick, but Karen cared about Tara and stuck with her no matter what! Karen was a good friend.

How do you show friendship?

Patience

Story by Andrew Frinkle

Patience is waiting and taking turns. Patience is trying again and again until you get something right. There are many ways to show patience.



Carol was starving. She was so hungry that she thought she would actually faint. She really wanted to run in front of everyone and get her lunch first. She knew that other people were probably hungry, too. So, she waited, and she was just fine. She didn't faint from hunger after all. Carol was patient.

ANYBODY CAN SPEAK

No one wanted to work with Norm in math class. Norm took the longest on every problem, test, and quiz. Everyone tried to be patient, but it was hard. Greg was patient. He waited for Norm. He showed him shortcuts and tricks to get done faster. Norm was so happy!

How do you show patience?

Cleanliness

Story by Andrew Frinkle

Cleanliness is keeping yourself and your surroundings clean and organized. There are many ways to be clean.



Casey was a bit of a nut about germs! She always helped her teacher clean the desks. She wiped them down every day after school. She washed her hands a lot, too. It's important to wash them after using the bathroom or before you eat. She just liked to be clean, and she almost never got sick!

Thomas was Mr. Tidy. He loved straightening things and keeping them neat. He didn't like to see people making messes. He made sure his classroom team kept their areas neat. Then he made sure the class didn't make a mess of their lunch tables. Thomas liked things nice and neat.

How do you show cleanliness?

Character Stories

Respect

Story by Andrew Frinkle

Respect is showing appreciation and listening to others. It is recognizing the good in others and honoring what they do for us. There are many ways to show respect.



Dean really liked Mr. Matthews' class. Mr. Matthews knew a LOT about science. Dean always tried to stump Mr. Matthews with hard questions, but he hadn't stumped his teacher yet! He would keep trying. He really appreciated how Mr. Matthews answered his questions, even after class.

Gina loved figure skating. Part of it was because she had the best coach ever! Gina's coach was great at skating, so she understood exactly what Gina went through as she learned. Gina respected her coach's abilities and advice.

How do you show respect?

Wisdom

Story by Andrew Frinkle

Wisdom is applying what you know to your daily life. Wisdom helps you make good decisions. There are many ways to be wise.



Pete knew that he didn't know everything. He liked to get advice from his grandpa, especially when he was having a hard time getting along with people. Even then, he had to take that advice and make good choices. Part of being wise is learning when to listen and when to act.

Naomi had a big project to get done. She also wanted to play with her friends. She had to plan her time wisely, or she couldn't do both. She knew that too much playing would mean she'd get a bad grade. She managed her time wisely, so she could get a good grade and still play. Naomi was being wise.

How do you show wisdom?

Self-Control

Story by Andrew Frinkle



Self-Control is keeping your emotions in check. It's balancing your wants and your needs. It's being mature. There are many ways to show self control.

Jackie had a temper. Little things made her angry. She tried really hard to control it. Her teacher showed her how to count to 10 before saying something when she got angry. It saved her from saying a lot of unkind things that she really didn't mean! Jackie was learning self-control.

Henry loved to eat sweet stuff. His mom didn't let him have too much, though. He only got to eat cookies and cake on rare occasions, so when he got some, he ate it slowly. He saved some for the next day and the next. He didn't want to eat it all at once, or it'd be gone. Henry had self-control.

How do you show self-control?

Compassion

Story by Andrew Frinkle



Compassion is showing empathy, kindness, and charity. It is also thinking about others. There are many ways to show compassion.

Heather was always the first person to help when someone in the class was sad. If someone came in crying or sad, she always gave them a hug. She was there to listen. If someone got upset in class, she could make them feel better. Heather had compassion.

ANYBODY CAN SPEAK
Tommy liked to help people when they needed it. He opened doors if someone's hands were full. If you dropped your stuff, he'd be the one to help you pick it up. He didn't laugh at people, because he knew how it felt to be laughed at. Tommy was great at showing kindness.

How do you show compassion?

Trust

Story by Andrew Frinkle

Trust is showing confidence, faith, and hope in someone or something. There are many ways to show trust.



Helen trusted her friends. She didn't keep secrets from them. She shared her things with her friends. She knew they would do the right thing and not betray her trust. She tried hard to be the kind of friend that they could trust, too. Trust works both ways, and Helen was trustworthy.

ANYBODY CAN SPEAK

Nick let his friends borrow his stuff all the time. He didn't even remember who had what. Whenever he needed something back, he just asked all of his friends who had his game or his book. They always gave it back, because they liked how nicely he shared. He could always borrow his friends' games and books, too. Nick trusted his friends.

Character Stories

Love

Story by Andrew Frinkle

Love is caring and patience. Love is taking care of things and being polite. Love is a lot of things. There are so many ways to show love.



Lauren loved her class. She especially loved her classroom pet, Benny the Hamster. Every day Lauren said hello to Benny. She was the classroom pet helper. She fed Benny, cleaned his cage, and gave him water. Lauren loved and cared for Benny the Hamster.

ANYBODY CAN SPEAK

Jon loved his class. He loved his teacher, because she taught him so much. He loved his classroom, because it had lots of cool stuff in it. He loved his classmates, because they were kind, helpful, and fun. He always did his best to keep his class happy and clean. That was how he showed his love for his class.

How do you show love?

Character Stories

Justice

Story by Andrew Frinkle

Justice is being fair and proper. It is making sure that everything is done right and correctly. There are many ways to show justice.



Mrs. Sanders did not play favorites. She did not always call on the same students for help or to answer questions. She had sticks with names on them. If she needed an answer or help, she picked a stick. Using sticks was fair. Everyone got to take a turn that way.

Gary got angry at his team in class, because he got a question wrong. However, it was his fault for not studying enough or listening to others. It was not right to blame others. Gary got a bad grade. He finally admitted that it was his fault. The next time, Gary let his teammates help him, and he did much better.

How do you show justice?

Character Stories

Forgiveness

Story by Andrew Frinkle



Forgiveness is showing mercy and forgetting past wrongs. It is keeping no records of what has happened. There are many ways to show forgiveness.

Andy always lent Seth money around lunch time. His friend always forgot to repay him. Andy knew that Seth's family didn't have that much money, so Andy forgave Seth for not paying back the money. Their friendship was worth a LOT more than a few dollars. Andy was forgiving.

Yolanda ran into Sara by accident in the hallway. Sara dropped her art supplies all over the place. Sara could have yelled or even gotten in a fight about it. Yolanda helped Sara pick up her supplies, so Sara forgave her.

How do you show forgiveness?

Character Stories

Courage

Story by Andrew Frinkle

Courage is being brave and heroic. Courage is about doing the right thing even when it isn't easy. There are many ways to show courage.



There was one boy in Karl's class that picked on people when teachers weren't around. Sometimes it was at the bus stop or in the hall. One day, Karl had heard too much. Karl asked him to stop. No one had ever said that to the boy before. The boy was embarrassed and stopped picking on people. Karl showed courage when he asked the boy to stop.

ANYBODY CAN SPEAK

Kelly's friend took things from other kids. Sometimes it was just little stuff, but it started to get worse! Kelly decided to give her friend a choice: she had to stop stealing, or stop being her friend. Her friend didn't like it at first, but she chose friendship in the end. Kelly showed courage when she talked to her friend about stealing.

How do you show courage?

Character Stories

Citizenship

Story by Andrew Frinkle

Citizenship is being a good member of your community, following rules, and helping others. There are many ways to show citizenship.



Chris was a busy kid. He had school every day and sports after school. On weekends, he got to play and have fun, but once a month his family liked to volunteer. They picked up trash outside, or they helped an elderly neighbor fix up their house. It was hard work, but Chris felt good about making his community a better place.

Shelly was a girl scout. She liked getting her badges. She had a whole bunch of them sewed on her sash. Her favorite badges to get were ones that required helping people. She put a smile on someone else's face, and people could always use help. Shelly was a good citizen.

How do you show citizenship?

Character Stories

Caring

Story by Andrew Frinkle



Caring is paying attention to others, protecting others, and being considerate. There are many ways to be caring.

Dean was friends with everyone in his class. He was even friends with Scott, who was really shy. No one else even talked to Scott, but Dean always asked him what he thought. He made sure to include him, too. After a while, people started to see that Scott was a really nice kid. It was all because Dean cared about Scott.

ANYBODY CAN SPEAK

Susan was friends with Joan. Joan was really sick, and she was missing a lot of school. Every day in class, Susan wrote an extra set of notes for Joan. She visited Joan twice a week to bring homework and notes to her. Joan was so happy. When she got better, she wasn't behind in school, because Susan cared about her.

How do you show caring?

Character Stories

Cooperation

Story by Andrew Frinkle

Cooperation is about working together, getting along, and being a good sport. There are many ways to show cooperation.



Nell was the girl who clapped for everyone, no matter how they did. If someone missed a shot in a game or slipped and fell, she would always cheer them on. She didn't like when people made fun of others. It hurt team spirit, and then things weren't as fun. She knew how to help people cooperate and have a good time.

ANYBODY CAN SPEAK

Ricky was the funny kid in class. He could make anyone forget their problems. When his friends Ryan and Steve were arguing, he ended it with just a funny look and some kind words! They couldn't stop laughing, and then they shook hands. Ricky knew how to get people to cooperate.

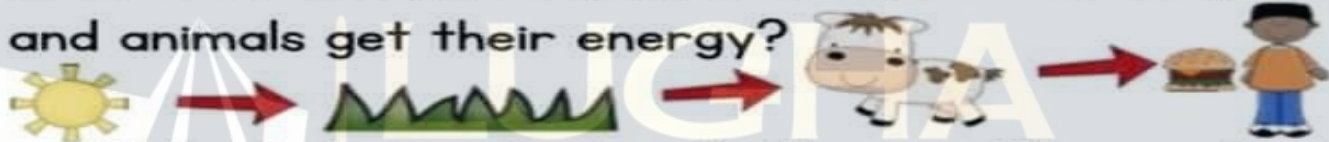
How do you show cooperation?

Life Science Stories

Food Chains

Story by Andrew Frinkle

Food Chains show how energy moves. When something eats something else, energy moves. We need food energy to play and learn. How do plants and animals get their energy?



All food chains start with the sun. The sun feeds plants. Plants make their own food using the sun, water, and soil. Animals that eat plants are called herbivores. They get their energy from the plants. Herbivores are animals like cows, grasshoppers, and elephants.



Animals that eat other animals are called carnivores. They get their energy from the animals they eat. Carnivores are animals like tigers, owls, sharks, and dragonflies. Some animals eat plants and animals. They are called omnivores. Are you an omnivores?

Life Science Stories



Living & Nonliving

Story by Andrew Frinkle

Earth is filled with many kinds of things. Some of them are living. Some of them are not living, or nonliving. How can you tell the difference?



Here are some things that living things do:

- 1 - Living things grow. We get taller as we grow up.
- 2 - Living things react. If there is a bright light, you close your eyes.
- 3 - Living things use energy. People eat food for energy.
- 4 - Living things reproduce. Flowers make seeds to make more flowers.
- 5 - Living things are organized. We have cells and organs, like hearts and lungs.
- 6 - Living things adapt. We learn and change.



That is why things like rocks or air are nonliving. They can't do things that plants and animals do.

Life Science Stories

Birds

Story by Andrew Frinkle

Birds are a kind of animal. Birds can be found all over the world. Sparrows, doves, cardinals, owls, eagles, hawks, chickens, and hummingbirds are some common birds.



Birds are vertebrates, so they have backbones. They are the only kind of animal with feathers. Birds lay eggs. Usually they have a nest for the eggs. Birds have two feet and special arms. They don't have hands or fingers. They have flippers or wings.



Most birds can fly. Birds have feathers, wings, and very light bones to help them fly. They can't be too heavy! Only a few birds, like ostriches or penguins, can't fly.



Life Science Stories

Life Cycles

Story by Andrew Frinkle

Plants and animals don't always look the same. They go through different stages as they grow. These stages are called a life cycle.



Some animals have a metamorphosis. This is a change that makes them like a different thing! A butterfly starts as an egg and hatches as a caterpillar. Then it goes into a chrysalis, a cocoon, and hatches as a butterfly. It sure does change!



Frogs change a lot, also. They go from an egg to a tadpole to an adult. Tadpoles don't look that much like frogs, do they?



Plants don't usually change as much as animals, but they change, too. Plants start as a seed and start to grow roots. Later, they flower or make fruit. Then they make more plants.

Life Science Stories

Forests

Story by Andrew Frinkle



Earth has many kinds of forests. These habitats are filled with different kinds of trees! These trees give animals food, shelter, and oxygen.

Near the North and South Poles, forests are almost all pine trees. These are cold for most of the year. There are some big animals, like snow leopards or caribou, but not too many.



Many forests have leafy trees. These might be more familiar to us. They are filled with oak, maple, and other hardwood trees. Animals like squirrels, wolves, bears, and owls might live in these forests.



There are also rain forests and jungles. These are very humid places. It rains so much in these forests. There might be parrots, monkeys, gorillas, and tigers living in these rainy forests.

Life Science Stories



Insects

Story by Andrew Frinkle



Insects are a kind of animal. Insects are also known as bugs. Insects can be found all over the world. Crickets, ants, grasshoppers, butterflies, ladybugs, and bees are some common insects.

Insects are invertebrates, so they do not have backbones. They have exoskeletons. This means they have their bones on the outside, like a shell. That makes them similar to crustaceans. Some insects, like butterflies, can change as they grow.



ANYBODY CAN SPEAK

Insects always have six legs. If something has eight legs, like a spider, it is not an insect. Insects usually have three body segments. The head is where the eyes, mouth, and brains are. The thorax is where the legs and wings connect. The abdomen is where the guts and organs are.

Life Science Stories



Mammals

Story by Andrew Frinkle

Mammals are a kind of animal. Mammals can be found all over the world, on land or in the sea. Dogs, cats, cows, monkeys, and whales are common mammals. People are mammals, too!



Mammals are vertebrates, so they have backbones. They are the only kind of animal with fur or hair, except for some insects. Most mammals have four legs and a tail. Some mammals have two arms and two legs. Marine mammals that live in water, like whales or dolphins, have fins and a tail.

Mammals all feed their babies milk. Other types of animals, like fish or reptiles, can't make milk. Mammals are warm-blooded, just like birds. This means their bodies can make their own heat from food they eat.

