



Emotions & Feelings



HOW I AM FEELING TODAY



FEELINGS



HAPPY



SAD



ANGRY



SHY



SCARED



EXCITED



EMBARRASSED



CALM



TIRED



JEALOUS



SILLY



SURPRISED



LOVED



WORRIED



BRAVE



ANNOYED

FEELINGS

Look at the picture and right-tick (✓) the correct feeling.



☐ Confused ☐ Cry



☐ Angry ☐ Surprised



☐ Anxious ☐ Surprised



☐ Happy ☐ Angry



☐ Tired ☐ Confused



☐ Sad ☐ Curious



☐ Confused ☐ Cry



☐ Scared ☐ Angry



☐ Happy ☐ Sad

READ AND CHOOSE.

1. How do you feel? 	A. I am hungry. B. I am scared.
2. How do you feel? 	A. I am happy. B. I am sad.
3. How do you feel? 	A. I am tired . B. I am angry.
4. How do you feel? 	A. I am happy. B. I am hungry.
5. How do you feel? 	A. I am scared. B. I am sad.